YOUNG ADULTS Advanced Recreational Pathway Membership Options

Young Adult Engagement Discount for skaters age 19-29!

<u>Fee</u>: 30% off membership fees (advanced membership fee of \$765 is reduced to \$535.50) <u>Program</u>: Any program

<u>Criteria</u>: for participation in Advanced Program, skater must meet criteria 1-4 in <u>guidelines for</u> <u>masters entry to advanced program</u> PLUS be between the ages of 19-29 **WITH ADVANCED COACHES' APPROVAL

-Affordable option for young adults to train with the Advanced Program!

SPECIAL Cobra For Life Advanced Membership for retired Elite racers age 19-29! Fee: \$450, no additional discounts can be applied

Program: Skate two times weekly in Advanced Program (select Monday, Thursday or Saturday - cannot interchange days)

<u>Criteria</u>: meet criteria 1-4 in <u>guidelines for masters entry to advanced program</u> PLUS be a retired Elite racer between ages of 19-29 **WITH ADVANCED COACHES' APPROVAL

-Affordable and lower time commitment option for young adults to train with the Advanced Program! Special incentive offer to promote lifelong participation in speed skating for retired Elite racers.

Retired Racer Hybrid Membership

<u>Fee</u>: \$500 (note, skaters age 19-29 may also apply 30% Young Adult Engagement Discount = \$350)

<u>Program</u>: Skate once weekly in the Advanced Program and once weekly in the Masters Program, including dryland (select Monday, Thursday or Saturday - cannot interchange days) <u>Criteria</u>: meet criteria 1-4 in <u>guidelines for masters entry to advanced program</u> PLUS previous participation in Advanced training for at least one season (with KWSSSC or another organization). **WITH ADVANCED COACHES' APPROVAL

-Transition option for young adults ramping down their training, or higher intensity training option for adults previously retired from national/international competition.

Note that ALL hybrid membership options require majority participation in Advanced training. Majority participation in Masters training with minority participation in Advanced training not permitted.

MASTERS Advanced Options for Masters Skaters

Advanced Adult Advanced Membership for Actively Competing Masters Skaters

<u>Fee</u>: Regular \$765 Advanced Program fee (note, skaters age 19-29 may also apply 30% Young Adult Engagement Discount = \$535.50) <u>Program</u>: Minimum 2x weekly participation in Advanced Program <u>Criteria</u>: meet all criteria in <u>guidelines for masters entry to advanced program</u> **WITH ADVANCED COACHES' APPROVAL

-Option for Masters skaters interested in more intense training to support competition goals.

Retired Racer Hybrid Membership

<u>Fee</u>: \$500 (note, skaters age 19-29 may also apply 30% Young Adult Engagement Discount = \$350)

<u>Program</u>: Skate once weekly in the Advanced Program and once weekly in the Masters Program (select Monday, Thursday or Saturday - cannot interchange days) <u>Criteria</u>: criteria 1-4 in <u>guidelines for masters entry to advanced program</u> PLUS previous participation in Advanced training for at least one season (with KWSSSC or another organization). **WITH ADVANCED COACHES' APPROVAL

-Transition option for young adults ramping down their training, or higher intensity training option for adults previously retired from national/international competition.

Note that ALL hybrid membership options require majority participation in Advanced training. Majority participation in Masters training with minority participation in Advanced training not permitted.